



# Medication Management Discussion Guide

This guide can help you have an informed discussion with your healthcare team about your Akebia medication. Bring it with you to your appointments and take notes.

Medication Name: \_\_\_\_\_

## Starting My New Medication

Reminder to take your medication as discussed and prescribed by your doctor.

1. What is the name of my medication?

\_\_\_\_\_

2. What is my dose? Dosage: \_\_\_\_\_mg

3. How often should I take this medication?

Frequency: \_\_\_\_\_

Specific times: \_\_\_\_\_

4. How should I take this medication?

Instructions: \_\_\_\_\_

5. What should I do if I miss a dose?

Instructions: \_\_\_\_\_

\_\_\_\_\_

6. When should I come back for a follow-up appointment?

Next appointment date: \_\_\_\_\_

## Keeping Track of My Tests

Your doctor may do blood work periodically. Keeping track of your tests may help you have more informed discussions with your doctor.

Test	Test date	Test results	Notes

7. What side effects should I watch for and what should I do if I experience them?

\_\_\_\_\_

\_\_\_\_\_



# Medication Management Discussion Guide (cont'd)

## Getting Refills and Staying on Schedule

Create a plan for getting your refills and staying on track with your medication:

8. How do I refill my prescription?

- ☐ Pharmacy: \_\_\_\_\_
- ☐ Specialty pharmacy: \_\_\_\_\_
- ☐ Mail order: \_\_\_\_\_

9. Do I need prior authorization for refills?

- ☐ Yes. Information needed for prior authorization (eg, frequency, any specific lab testing needed)

\_\_\_\_\_

- ☐ No

10. How far in advance should I request a refill?

Recommended time frame: \_\_\_\_\_

11. What should I do if I run out of medication?

Instructions: \_\_\_\_\_

## Other Important Things to Know

Make sure to discuss other factors that might affect your treatment:

12. Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements and ask if any adjustments are necessary.

My current medications: \_\_\_\_\_

Details: \_\_\_\_\_

13. Who should I contact if I have questions or concerns between my appointments?

Name/department: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Notes from my appointment (use this space to write down any other important information):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_